



## 15 Daily Affirmations for Self-Esteem and Success

24 May 2023

Your thoughts are powerful. What you think about is what you focus on. And what you focus on is what you end up having in your life because when you are focused on something your brain starts looking for situations and opportunities related to your focused thoughts. When you are focused on a red car, you see red cars all over the place. When you are focused on doom and gloom, you see misery everywhere. Think about what you want to be and what you want to happen.

1. I have talents and skills to offer this world.
2. I am proud of who I am.
3. Things are working out for me.
4. I will own my power.
5. I am a person of value.
6. My potential is limitless.
7. I am unlimited in my ability to create good in my life.
8. I keep my thoughts focused on what I want to experience.
9. I focus on what I love not what I fear.
10. I believe in myself.
11. I am worth having my dreams come true.
12. There are plenty of opportunities out there for me.
13. I will achieve my goals.
14. I am enough.
15. I will look after myself.